

Life Without Limits

for children with disabilities

Connections | Spring 2010

vision.

Children with disabilities experiencing life without limitations.

mission.

To help children with developmental disabilities reach their full potential, improve the quality of life for their families, and foster an attitude of acceptance and inclusion.

values.

- Results-oriented
- Responsible stewards
- Family-focused
- Caring
- Responsive

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56 years of serving and making a difference in Orange County.

Saturday Club with Cole

Cole Kinzie was born at 33 weeks with 5 hemorrhages in his brain. He was diagnosed with spastic quadriplegic cerebral palsy, a form of CP where muscle tone is high in all four limbs, and as a result he uses a wheelchair and has difficulty speaking. His mother Victoria knew from the moment she heard this diagnosis that the life she had dreamed for him had

changed. She resolved, as any loving, concerned parent would, to plunge headfirst into a world she knew little about and do everything in her power to provide the best possible life for her son. "I felt it was my duty to find out all that was available for a child with special needs, from equipment and alternative therapies to recreation," she said.



And find out she did. Victoria had not

"It has given him a boost in his self-esteem and sense of independence which has been a joy to see blossom."

only enrolled Cole in traditional therapies such as physical, occupational, and speech, but in alternative therapies like aquatic, music, massage and even hippotherapy (horseback riding). From a clinical perspective, she had all the bases covered. But she began to realize that in her fervor to use every therapy tool available, she had left out



Cole with a Special Sitter at Saturday Club

one of the most important aspects of Cole's childhood: the need for social interaction.

"Cole is a very social and outgoing person," she recognized, "and he needs to have fun, and not just fun, but fun without his mother present." And her realization came not a minute too soon; Victoria was beginning to burn herself out helping Cole fulfill his rigorous therapy routine. She found Saturday Club and Special Sitters, a program provided by UCP-OC in collaboration with Camp Fire USA. At Saturday Club, kids with disabilities get to enjoy a therapy-free day of recreation under the supervision of specially-trained teens. It's a wonderful opportunity for the kids to interact with their peers, for teens to get involved with the community, and a way for parents to take a breather.

Saturday Club also serves as a training ground for teens who could serve as in-home Special

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A Letter from our CEO



It has been a challenging and rewarding first few months at the helm of UCP-OC.

Like many other non-profits, we have weathered tough times this past year making every effort to streamline our

organization so that we can continue to do what it is we do best - provide valuable services to special needs children and their families.

We value our donors and supporters and are making every effort to use each dollar wisely to make sure that our revenue supports direct services to as many children and families as

Support from readers like you, the community, donors, friends and families we serve all help make this possible.

As a mother of two small children, one with special needs, I know first-hand just how important our work at UCP is to parents and families.

Having been on board just a few months, I am already astounded by the hard work and dedication of our staff. Every member of our talented team care deeply for the special needs community and strive to make a valuable difference each day.

We have many exciting plans underway to grow our in-center therapy and recreation programs, increase the number of children we serve at all ages, collaborate with our local children's hospital "CHOC Children's" and other pediatric healthcare providers to ensure that every family that needs us is able to connect easily and find the resources they need to support their child and family. We are working diligently to increase our collaboration with Orange County schools and the local community to increase awareness about the services we provide and how we can work together to achieve a "Life Without Limits for Children with Disabilities".

Thank you for supporting our mission and the children and families we serve.

I hope to see you at our upcoming Gala "Watch us Soar" at the Balboa Bay Club on May 15, 2010. Please see our website for more details....www.ucp-oc.org/gala.

wheren H. Coelins

Cathleen A. Collins, CEO

OM Foundation

UCP-OC Board Member forms OM Foundation

UCP-OC Board Member Bonner Paddock has launched OM Foundation (OMF) to expand his mission and vision of helping children with disabilities worldwide, sarting right have in Orange County.

Each year, OM Foundation will choose different chari and for 2010 it has chosen UCP of O ange County! As a of OMF, we are proud to share its recent successes and upcoming events with you:



Beyond imits has been officially accepted into 5 film festivals including Newport Beach Film Festival, and has b honored with the Silver Sierra Award f the Yosemite International Film

Visit www.1man1mission.org for the upcoming events.



Oakley Oakley has b OM Foundation

of the documentary Beyond Limits inside Oakley headquarters last ye special set of branded Oakley sungla will be holding a special Sunglass La nch Party at Oa headquarters in Foothill Ranch on Saurday, Jun for more details on this exciting even



(continued from front page)

Sitters, and the event gives parents a chance to m

sitters can talk to the parents, find out the will be watching, and then spend the Saturday afternoon looking af

them in a fun, supervised setting. The parents are free to use the hours as they see fit with the knowledge and comfort that their child safe and well-cared for.

Recently, The Possible Dream, a collaboration of the Festival of Childre and OC Register Charities, presented a grant of more than \$8,000 UCP-OC to help support these programs and the kids and families w count on them.

We are proud to be able to offer these unique services and activities the help children with disabilities live life without limits, and we thank you and The Possible Dream for your support of these programs. We li seeing Cole and his buddies having fun at Saturday Club and hope see them for a long time to come!



The *Connections* feature "Making a Difference" recognizes the generosity of UCP-OC donors and community philanthropists. We are proud to honor and thank these generous organizations and individuals who help UCP-OC make a tremendous difference in the lives of children with disabilities.

This issue's honorees

THE ALLERGAN FOUNDATION \$100,000

The Argyros Foundation \$25,000



Volunteer Spotlight:Flossie Dunning

Floranne "Flossie" Dunning has been involved with UCP of Orange County for many years.

Her granddaughter, Paige, has cerebral palsy, and her son Grant was president of the UCP-OC Board of Directors and served as Interim Executive

Director in 2009. In all that time, Flossie has been the volunteer champion for all of our events, not just donating her own time and resources, but recruiting a cadre of supporters that have proven to be as dedicated to UCP-OC's mission as she is. At every UCP-OC event, Flossie is an indispensible team member helping us realize our vision and directing activities where needed to ensure that we make the most of every effort. If we only had 100 more just like her... Thank you Flossie for everything you do!

achieve. believe. create. dream.

Follow us online!

Become a fan of UCP-OC on our Facebook page.



Just log in to Facebook and search for "United Cerebral Palsy of Orange County."

We'll keep you posted on events at UCP and

informed of ways you can help us make a difference in the lives of children with disabilities.



Check out our YouTube Channel! You'll find informative

videos from events like the Spasticity Conference, exciting videos like the Beyond Limits documentary trailer, and inspiring videos, such as the Team S.M.I.L.E. photo montage.

www.youtube.com/UCPOC

Visit our website! www.ucp-oc.org

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UCP-OC Launches Pediatric Medical Advisory Board (PMAB)

Recruiting the top pediatric specialists in Southern California is not too far from getting the best in the world. These men and women understand better than almost anyone the brains and bodies of children with developmental disabilities and the therapies and treatments that can make their lives better. They hail from top medical institutions with accolades and qualifications of every stripe and color-- and we've got their attention.

Please join us in welcoming our new Pediatric Medical Advisory Board!



Afshin Aminian, MD

Medical Director CHOC Children's Orthopaedic Institute Expertise:

Pediatric Orthopaedic Surgery

Linda Campbell, MPH

Director

CHOC Children's Orthopaedic Institute and Rehab Services Expertise:

Pediatric Orthopaedics

Joseph Donnelly, MD

Pediatric Neurologist Director, For O.C. Kids

Expertise:

Autism Spectrum Disorders

Nicole Irwin, MD

Pediatric Physiatrist

Director of Pediatric Rehabilitation, Loma Linda University Children's Hospital Expertise:

Physiatry

Ira Lott. MD

Division Chief of PSF Neurology / Professor of Pediatrics and Neurology, UCI / Director of CHOC-UCI Division of Child Neurology

Expertise:

Neurology

Ruth A. McCarty, MS, LAc

Licensed Acupuncturist CHOC Children's Pediatric Alternative Medicine Program Owner, Open-Minded Modalities

Expertise:

Alternative Medicine

Loren Rojek, CPO

President

Fountain Valley Orthotics & Prosthetics

Expertise:

Orthotics & Prosthetics

Laurie Beeler, PT, PCS

Director, Therapy Services **UCP of Orange County** Expertise:

Pediatric Physical Therapy

Anthony Chang, MD, MBA, MPH

Medical Director

CHOC Children's Heart Institute

Expertise:

Cardiology

Sal Groppo

ITB Specialist Medtronic Neuromodulation Expertise: Medical Technology

Sudeep Kukreja, MD

Neonatologist, CHOC Children's / Asst. Professor of Pediatrics, UCLA Expertise: Neonatology

William Loudon, MD, PhD

Pediatric Neurosurgeon Director of CHOC Children's Neuro-**Oncology Program** Expertise:

Neurosurgery, Neuro-Oncology

Michael Muhonen, MD

Pediatric Neurosurgeon Medical Director, CHOC Children's Neuroscience Institute Expertise: Neurosurgery

Jennifer Simpson, MD

Associate Professor The Gavin Herbert Eye Institute, UCI Expertise:

Pediatric & Adult Strabismus

Team Jake and the OC Marathon

May 2, 2010



On January 8, 2006, Steven Robert set out to run his first marathon in support of UCP-OC and to honor his son Jake. Little did he know what an important day that would be for his family.

Jakey passed away that evening in his sleep and Team Jake was born. Since then, the Roberts have used the OC Marathon as a way to celebrate the fact that their entire family was together with Jake for his last day. They see the marathon as a reminder of UCP-OC's aspiration for all people to live a "Life Without Limits." This year, UCP-OC is participating in the OC Marathon as "Team Jake" to honor the little boy who touched so many lives.



There are several ways you can get involved with Team Jake and the UCP-OC at the OC Marathon. We need volunteers to help us hand out water to the runners, you can run in the OC Marathon (either the 5K, Half-Marathon, or full Marathon), you can fundraise on behalf of Team Jake, or you can directly make a donation.

Please visit www.ucp-oc.org/teamjake for more information.

We appreciate your support and participation with Team Jake at the OC Marathon. and hope to see you at the starting line!

Run! >>> Volunteer! >>> Donate! >>> www.ucp-oc.org/teamjake

2010 Life Without Limits Gala

May 15, 2010



Please join us at the Balboa Bay Club & Resort on Saturday, May 15 for a special evening celebrating children and UCP-OC. We will have a silent auction with artwork by children from UCP-OC, a cocktail reception, dinner, live auction, a singing performance by last year's *OC Icon* winner Marna Rough, and dancing with music by the world-renowned Liquid Blue.

For more information on how you can attend, or to ask about sponsorships or underwriting opportunities, please contact Erin Ball (949) 333-6452, eball@ucp-oc.org, or visit www.ucp-oc.org/gala.

Tickets >>> Sponsorships >>> Underwriting >>> www.ucp-oc.org/gala



Recent Past Events

Making Strides: Continuing Education for Therapists

On February 6th and 7th, UCP-OC and South Coast Therapy co-sponsored a continuing education course for physical therapists titled: *Making Strides: A Pediatric Gait Course*. It was hosted at UCP-OC's Life Without Limits

Therapy Center. The course instructors were Lauren Beeler PT, PCS and Kathleen Ganley PT, PhD.

Lauren Beeler is the clinical director at both UCP-OC and South Coast Therapy and is a Neuro-Developmental Treatment Association (NDTA) instructor for pediatric certification courses. Kathleen Ganley is a professor at Northern Arizona University. The course was attended by 31 pediatric physical therapists from throughout Southern California interested in gaining clinical skills in the treatment of gait problems in pediatric populations.





Fashion Show, Boutique and Luncheon

Organized by Psi Delta Sigma's Beta Lambda Chapter

Psi Delta Sigma, the nationwide sorority dedicated to supporting UCP and its vision, has been holding fundraisers for UCP affiliates for more than half a century, and their local chapter, Beta Lambda, shows its dedication to our cause year after year with unwavering fortitude.



This year's Fashion Show, Boutique, and Luncheon held at the Double Tree Hotel in Orange raised more than \$9,000. Looking quite fashionable themselves, special guest speakers Brianna Pievac and Leo Kobayashi, both recipients of UCP-OC services, stole the show with their speeches and brought tears to the eyes of a few folks in the audience.

Many thanks and much gratitude to Kelly Barbera, Martha Anne Woodson, and Joyce Browne of Psi Delta Sigma for organizing the event.

Spasticity Conference





A few months ago, Medtronic sponsored a Spasticity Conference hosted by CHOC Children's Neuroscience and Orthopaedic Institutes. Attended by more than a hundred therapists, parents, and caregivers, the event offered a well-rounded discussion of the available treatments and scientific knowledge surrounding spasticity. Our Director of Therapy, Laurie Beeler, was joined by physicians, doctors, and therapists from CHOC Children's including Dr. Michael Muhonen, Dr. Samuel Rosenfeld, Carolyn Huang, PT, and Melina Dumpit, OT, each providing a unique perspective on treatment, ranging from neurosurgical options to lifestyle choices.



You can watch each speaker's presentation on our YouTube channel, online at www.youtube.com/UCPOC.