

Life Without Limits

for children with disabilities

Connections | Spring 2010

vision.

Children with disabilities experiencing life without limitations.

mission.

To help children with developmental disabilities reach their full potential, improve the quality of life for their families, and foster an attitude of acceptance and inclusion.

values.

- Results-oriented
- Responsible stewards
- Family-focused
- Caring
- Responsive

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56 years of serving and making a difference in Orange County.

Saturday Club with Cole

Cole Kinzie was born at 33 weeks with 5 hemorrhages in his brain. He was diagnosed with spastic quadriplegic cerebral palsy, a form of CP where muscle tone is high in all four limbs, and as a result he uses a wheelchair and has difficulty speaking. His mother Victoria knew from the moment she heard this diagnosis that the life she had dreamed for him had

changed. She resolved, as any loving, concerned parent would, to plunge headfirst into a world she knew little about and do everything in her power to provide the best possible life for her son. "I felt it was my duty to find out all that was available for a child with special needs, from equipment and alternative therapies to recreation," she said.



And find out she did. Victoria had not

"It has given him a boost in his self-esteem and sense of independence which has been a joy to see blossom."

only enrolled Cole in traditional therapies such as physical, occupational, and speech, but in alternative therapies like aquatic, music, massage and even hippotherapy (horseback riding). From a clinical perspective, she had all the bases covered. But she began to realize that in her fervor to use every therapy tool available, she had left out



Cole with a Special Sitter at Saturday Club

one of the most important aspects of Cole's childhood: the need for social interaction.

"Cole is a very social and outgoing person," she recognized, "and he needs to have fun, and not just fun, but fun without his mother present." And her realization came not a minute too soon; Victoria was beginning to burn herself out helping Cole fulfill his rigorous therapy routine. She found Saturday Club and Special Sitters, a program provided by UCP-OC in collaboration with Camp Fire USA. At Saturday Club, kids with disabilities get to enjoy a therapy-free day of recreation under the supervision of specially-trained teens. It's a wonderful opportunity for the kids to interact with their peers, for teens to get involved with the community, and a way for parents to take a breather.

Saturday Club also serves as a training ground for teens who could serve as in-home Special

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